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II Year B.Sc. Nursing (PB) Degree Examination - MAY 2016

Time: Three Hours Max. Marks: 75 Marks

MENTAL HEALTH NURSING (RS-3 & RS-4)

Q.P. CODE: 1743

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$

- 1. a) Define Mental retardation
 - b) List the clinical manifestations of mental retardation
 - c) Explain the nursing management of a child with mental retardation

(2+3+5)

- 2. a) Define Bipolar disorder
 - b) Explain the management of a patient with severe depression

(2+8)

- 3. a) Define substance abuse
 - b) explain the management of a patient with alcoholic dependence syndrome (2+8)

SHORT ESSAYS (Answer any Seven)

 $7 \times 5 = 35 \text{ Marks}$

- 4. Describe the concept of normal and abnormal behavior
- 5. Explain the phases of nurse patient relationship
- 6. Explain the admission procedure of mentally ill client
- 7. Enlist the techniques of therapeutic communication
- 8. Describe the clinical picture of bulimia nervosa
- 9. Explain the role of nurse before, during and after ECT
- 10. Define conduct disorder and explain etiological factors of conduct disorder.
- 11. Explain the objectives and approaches of national mental health programme
- 12. Enlist types of schizophrenia. Explain any one in detail.

SHORT ANSWERS

 $10 \times 2 = 20 \text{ Marks}$

- 13. Define infantile autism
- 14. What is systematic desensitization?
- 15. Difference between Delusion and illusion
- 16. What is confabulation?
- 17. Define therapeutic milieu
- 18. List any four techniques of behavioral therapy
- 19. Meaning of tangentiality
- 20. List four stages of mania
- 21. What are the levels of prevention?
- 22. What is displacement?
