

I Year B.Sc. Nursing (PC) Degree Examination – APRIL 2017

Time: Two Hours**Max. Marks: 35 Marks****NUTRITION AND DIETETICS (RS-3 & RS-4)****Q.P. CODE: 1732**

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)**1 x 10 = 10 Marks**

1. a) What are micronutrients?
b) Explain the sources, functions and deficiency of Vitamin A. (2+8)
2. a) List the nutritional problems in India.
b) Describe the various national nutritional programmes. (2+8)

SHORT ESSAYS (Answer any Three)**3 x 5 = 15 Marks**

3. Supplementary feeding of infants
4. Plan a diet menu for preschool child
5. Methods of assessing nutritional status of an individual
6. Food preservation

SHORT ANSWERS**5 x 2 = 10 Marks**

7. RDA for lactating mother
8. Define Weaning.
9. Macronutrients
10. Broiling
11. Beri-beri
