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II Year B.Sc. (Nursing - Basic) Degree Examination - Aug / Sep 2011

Time: Three Hours Max. Marks: 80 Marks

# GROWTH & DEVELOPMENT INCLUDING NUTRITION

(Revised Scheme) **Q.P. CODE: 1687** 

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

### LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$ 

- 1. What are the physical, Psychological and social changes affecting during an old age period.
- 2. Discuss the on growth and development influence.
- 3. Define nutrition. Discuss the importance of water requirements.

## **SHORT ESSAYS (Answer any Eight)**

 $8 \times 5 = 40 \text{ Marks}$ 

- 4. Developmental tasks of Preschooler.
- 5. Sources, requirements and deficiency of Vitamin C.
- 6. Cognitive development of school period.
- 7. Therapeutic diet.
- 8. Freud's stages of development.
- 9. Physical and Psycho social development of an adolescence period.
- 10. Trust vs Mistrust. Discuss briefly.
- 11. Factors influencing on food habits.
- 12. Factors influencing on neo natal development.
- 13. Effects of Vitamin B-complex deficiencies.

#### **SHORT ANSWERS**

 $10 \times 2 = 20 \text{ Marks}$ 

- 14. Marconutrients and micronutrients.
- 15 Genetic counseling.
- 16. Effects of Vitamin A deficiency.
- 17. Electro complex.
- 18. Weaning diet.
- 19. Sources of iron.
- 20. Classification of Proteins.
- 21. Balanced diet.
- 22. Sibling Rivalry.
- 23. Colostrum.

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