

Second year B.Sc. (Nursing - Basic) Degree Examination – Feb/March 2011

**Time: Three Hours**

**Max. Marks: 80 Marks**

## GROWTH & DEVELOPMENT INCLUDING NUTRITION (Revised Scheme)

**Q.P. CODE: 1687**

Your answers should be specific to the questions asked  
Draw neat labeled diagrams wherever necessary

### LONG ESSAYS (Answer any Two)

**2 x 10 = 20 Marks**

1. Highlight the need for studying growth and development. Discuss the principles of growth and development
2. What are the steps to be followed when you plan balanced diet? Prepare a diet plan for a pregnant women
3. Discuss the role of nurse in the care of newborn immediately after birth

### SHORT ESSAYS (Answer any Eight)

**8 x 5 = 40 Marks**

4. Marital adjustment
5. Health needs of elderly
6. Prevention of accidents among children
7. Embryonic development
8. Immunization schedule
9. Factors influencing food habits and selection
10. Assessment of malnutrition
11. Anthropometric measurements
12. Gestational assessment
13. Food preservation

### SHORT ANSWERS

**10 x 2 = 20 Marks**

14. Sensorimotor stage
15. HbF
16. Temper tantrum
17. Masturbation
18. Body image
19. Recreational interest of adolescence
20. Vaccine against chicken pox and the dosage
21. Rickets
22. Family
23. Sources of vit A

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