

## II Year B.Sc. (Nursing - Basic) Degree Examination – April 2014

**Time: Three Hours****Max. Marks: 80 Marks****GROWTH & DEVELOPMENT INCLUDING NUTRITION  
(Revised Scheme)****Q.P. CODE: 1687**

Your answers should be specific to the questions asked  
Draw neat labeled diagrams wherever necessary

**LONG ESSAYS (Answer any Two)****2 x 10 = 20 Marks**

1. Explain the factors influencing growth and development with suitable examples.
2. Discuss the physical growth and psychosocial development of infants.
3. Explain the concept of a Balanced Diet. Discuss steps would you consider while planning a diet plan for an Adolescent girl.

**SHORT ESSAYS (Answer any Eight)****8 x 5 = 40 Marks**

4. Psychosexual theory.
5. Development of organs in the fetal period.
6. Neuromuscular development of the newborn.
7. Preparation for schooling.
8. Developmental tasks of early adulthood.
9. Assessment of elderly.
10. Guidance during adolescent period.
11. Recommended dietary allowance for a Pregnant women.
12. Types, sources and requirement of fat.
13. Storage and preservation of food items.

**SHORT ANSWERS****10 x 2 = 20 Marks**

14. Soups.
15. Requirements of water.
16. Micronutrients.
17. Sources of Proteins.
18. Weaning.
19. Developmental task of old age.
20. Toilet training.
21. Teratogens.
22. Sibling rivalry.
23. Food adulteration.

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