

III year B.Sc. Nursing Degree Examination – April 2014

**Time: Three Hours****Max. Marks: 75 Marks****MENTAL HEALTH NURSING (RS -2)****Q.P. CODE: 1770**

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

**LONG ESSAYS (Answer any Two)****2 x 10 = 20 Marks**

1. What is mental health? List the characteristics of a mentally healthy person. Explain primary prevention for mental illnesses.
2. Define therapeutic nurse patient relationship. Describe in detail about therapeutic nurse patient relationship.
3. List the mood disorders. Explain signs and symptoms of mania. Describe nursing management for a patient with mania.

**SHORT ESSAYS (Answer any Seven)****7 x 5 = 35 Marks**

4. Explain mental health issues of adolescents.
5. Explain the rehabilitative services available for mentally ill patients in India.
6. Nursing management for aggressive behaviour patient
7. List etiological factors of childhood autism and explain the clinical features of autism.
8. Explain about prevention of mental retardation.
9. Differentiate between neurotic and psychotic disorders.
10. Explain about complementary and alternative therapies in psychiatry.
11. Explain indications, contra-indications and side effects of lithium.
12. Explain various components of mental status examination.

**SHORT ANSWERS****10 x 2 = 20 Marks**

13. Meaning of mental illness
14. Indications of ECT
15. Meaning of thought block
16. What is echopraxia?
17. Indications of anti-psychotics
18. Four symptoms of delirium tremens
19. What is leave of absence?
20. List four psychiatric emergencies.
21. Difference between illusions and hallucinations
22. List the technique of crisis intervention.

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