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III year B.Sc. Nursing Degree Examination - September 2014

Time: Three Hours Max. Marks: 75 Marks

MENTAL HEALTH NURSING (RS -2)

Q.P. CODE: 1770

Your answers should be specific to the questions asked Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$

- 1. Define Mental Health and Mental Illness. Explain in detail the principles of mental health nursing.
- 2. Define BPAD and classify the various mood disorders. Discuss management of a depressed patient.
- 3. Define ECT. Describe care of a patient before, during and after ECT.

SHORT ESSAYS (Answer any Seven)

 $7 \times 5 = 35 \text{ Marks}$

- 4. Alcohol dependence syndrome
- 5. Explain signs and symptoms of post-traumatic stress disorder (PTSD) and briefly explain the nursing management for a patient with PTSD.
- 6. Describe etiological factors, and signs and symptoms of attention deficit hyperactivity disorder.
- 7. Occupational therapy
- 8. Mental Health issues among elderly
- 9. Explain therapeutic impasses and interventions for overcoming them.
- 10. Explain the current trends in mental health nursing.
- 11. Differentiate institutionalization and de-institutionalization.
- 12. Types of admission and discharge for Mentally ill

SHORT ANSWERS

 $10 \times 2 = 20 \text{ Marks}$

- 13. Advantages of token economy
- 14. Indications of light therapy
- 15. Types of crisis
- 16. Meaning of enuresis
- 17. List the sexual disorders
- 18. Antabuse drugs
- 19. Meaning of agoraphobia
- 20. Meaning of obsession
- 21. List the types of phobia.
- 22. Leave of absence
