

## RGUHS- B.Sc Nursing Subject : Growth And Development Including Nutrition Important Questions (Rajiv Gandhi University of Health Sciences)

### Long Questions

- 1 What are the physical, Psychological and social changes affecting during an old age period
- 2 Discuss the on growth and development influence
- 3 Define nutrition Discuss the importance of water requirements
- 4 Highlight the need for studying growth and development Discuss the principles of growth and development
- 5 What are the steps to be followed when you plan balanced diet? Prepare a diet plan for a pregnant women
- 6 Discuss the role of nurse in the care of newborn immediately after birth

### Short Questions

- 1 Developmental tasks of Preschooler
- 2 Sources, requirements and deficiency of Vitamin C
- 3 Cognitive development of school period
- 4 Therapeutic diet
- 5 Freud's stages of development
- 6 Physical and Psycho social development of an adolescence period
- 7 Trust vs Mistrust Discuss briefly
- 8 Factors influencing on food habits
- 9 Factors influencing on neo natal development
- 10 Effects of Vitamin B-complex deficiencies
- 11 Marital adjustment
- 12 Health needs of elderly
- 13 Prevention of accidents among children
- 14 Embryonic development
- 15 Immunization schedule
- 16 Factors influencing food habits and selection
- 17 Assessment of malnutrition
- 18 Anthropometric measurements
- 19 Gestational assessment
- 20 Food preservation
- 21 Marconutrients and micronutrients
- 22 Genetic counseling
- 23 Effects of Vitamin A deficiency
- 24 Electro complex
- 25 Weaning diet

- 26 Sources of iron
- 27 Classification of Proteins
- 28 Balanced diet
- 29 Sibling Rivalry
- 30 Colostrum
- 31 Sensorimotor stage
- 32 HbF
- 33 Temper tantrum
- 34 Masturbation
- 35 Body image
- 36 Recreational interest of adolescence

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