

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.P.T. Degree Examination - April-2014

Time: Three Hours Max. Marks: 100 Marks

BIO-MECHANICS (Revised Scheme – 4) O.P. CODE: 2707

Your answers should be specific to the questions asked Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$

- 1. Define gait and gait cycle. Explain in detail the determinants of gait.
- 2. Discuss in detail dynamic stability of Gleno-humeral joint.
- 3. Explain the structure of typical lumbar vertebrae. Add a note on function of the lumbar spine.

SHORT ESSAYS (Answer any Twelve)

 $12 \times 5 = 60 \text{ Marks}$

- 4. Define equilibrium. Discuss types of equilibrium with examples.
- 5. Write in detail the formation of arches in hand with its functions.
- 6. Define joint. Classify with examples and add a note on features of the synovial joints.
- 7. Explain the orders of lever with examples in human body and also role of levers in physiotherapy.
- 8. Explain in detail the mechanism of muscle contraction.
- 9. Write extensor mechanism of hand and add a note on its function.
- 10. Brief-out weight bearing of hip joint and explain the muscle function in unilateral stance with example.
- 11. Write a note on sterno-clavicular joint movements.
- 12. Write in detail the extensor mechanism of knee. Mention the ligaments of the knee.
- 13. Explain active insufficiency with an example.
- 14. What is the functional position of the hand? Explain biomechanics of grips with an example.
- 15. Kinetics of posture
- 16. Metatarsal break
- 17. Movement analysis sitting to standing

SHORT ANSWERS

 $10 \times 2 = 20 \text{ Marks}$

- 18. Index of insall and salvitii
- 19. Function and control of disk of temporomandibular joint
- 20. Hystersis
- 21. Moment arm of force
- 22. Carpal tunnel syndrome
- 23. Nutation and counter Nutation
- 24. Carrying angle and its importance
- 25. DOMS
- 26. What are the changes occur in IVD under compression loading
- 27. Anatomical pulley