

# Rajiv Gandhi University of Health Sciences, Karnataka

Final year B.P.T. Degree Examination – APRIL 2015

**Time: Three Hours**

**Max. Marks: 100 Marks**

## COMMUNITY BASED REHABILITATION (RS3 & RS4)

**Q.P. CODE: 2722**

Your answers should be specific to the questions asked  
Draw neat labeled diagrams wherever necessary

### LONG ESSAYS (Answer any Two)

**2 x 10 = 20 Marks**

1. Define the Multi sectoral approach to CBR. Enumerate the role of each sector / groups of people in the development and implementation of CBR program
2. Describe the process of work hardening for a person who has undergone L<sub>4</sub>-L<sub>5</sub> discectomy 2 months ago and now wants to return back to work as a long distance driver
3. Develop a home exercise program for a 8 year old spastic diplegic who is ambulating with a help of walker and an Ankle Foot Orthosis

### SHORT ESSAYS (Answer any Twelve)

**12 x 5 = 60 Marks**

4. Write a short note on Principles of health education for promoting CBR activities
5. Out reach programs in CBR
6. Mention the services provided by the government for persons with disability
7. List the different types of employment opportunities which are suitable for a 20 year old lady with mild mental retardation
8. List and specify the role of members who form the part of a vocational rehabilitation team
9. Describe the methods in social work
10. What are the home environment modifications which you would initiate for a 70 year old man living at home with his wife also of the same age
11. Develop a health awareness program for preventing Coronary Artery Disease based on the different levels of prevention
12. What are the barriers to community participation in CBR programs?
13. Define disability. List the various types and the causes for various types of disabilities
14. Role of Non Governmental organizations in CBR
15. Discuss the need for disability evaluation
16. Prepare a brief care giver education program for a child born with special needs
17. Advantages and disadvantages of CBR program

### SHORT ANSWERS

**10 x 2 = 20 Marks**

18. Short falls of Institution Based Rehabilitation
19. Importance of disability surveys
20. 2 purposes of doing a vocational evaluation
21. 4 factors limiting the role of government in CBR activities
22. 4 funding possibilities for sustaining a CBR project
23. Role of anganwadi worker in CBR activities
24. Mention 4 national level health care programs
25. Role of placement officer
26. WHO, ILO definition of CBR
27. Importance of high risk screening in neonates

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