

Rajiv Gandhi University of Health Sciences, Karnataka

III Year B.P.T. Degree Examination - APRIL-2019

Time: Three Hours

Max. Marks: 100 Marks

CARDIORESPIRATORY & GENERAL PHYSIOTHERAPY (RS-3 & RS-4)**Q.P. CODE: 271B**

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary **LONG ESSAYS (Answer any Two)** **2 x 10 = 20 Marks**

1. Define Physical Fitness. Mention components of Physical Fitness and explain cardiopulmonary endurance assessment.
2. Discuss weaning criteria for Mechanism Ventilation. List out the modes of Mechanical Ventilator.
3. Explain the types, indications and contraindications of various Breathing Exercise.

SHORT ESSAYS (Answer any Twelve)**12 x 5 = 60 Marks**

4. Discuss Endotracheal Suctioning under following headings: Indication, Patient preparation, Procedure and Follow up care.
5. Name the Respiratory Muscles. Explain the role of Diaphragm during respiration.
6. Explain Physiology of Airway clearance.
7. Explain Active cycle breathing technique.
8. Explain skin fold measurement procedures.
9. Explain Respiratory complication of burns and write the Physiotherapy management for the same.
10. Types and causes of Respiratory failure
11. Physiotherapy management in Obstructive Lung Disease
12. Difference between Arterial and Venous disease
13. Discuss indications for the therapeutic Positioning.
14. Complex Decongestive Physical Therapy

15. Explain ABC of CPR.

16. Skin graft care and management

17. Describe Phase I Cardiac Rehabilitation.

SHORT ANSWERS**10 x 2 = 20 Marks**

18. Mention grades of Clubbing

19. Cardiac Auscultation surface marking

20. Deep Breathing Exercise-any four indications

21. Hazards of Prone position

22. Trendelenburg -Trojanov's tests

23. Prevention of bedsores

24. Age predicted Heart rate
max

25. Stages of Cough

26. What factors might make it difficult for a patient to accept a new method of airway clearance?

27. Mrs. Lander is a thin 61y/o CCPD patient. Write the interpretation of ABG her ABG: pH 7.37, CO₂ 63, pO₂ 53, HCO₃ 35, SaO₂ 89%

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