

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – SEP-2017

Time: 3 Hours

Max. Marks: 45 Marks

Nutrition

Q.P. Code : 1755

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary
(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. What is therapeutic diet? Write briefly on modifications in therapeutic diet.
2. a) Explain the nutritional problems in India.
b) Discuss the nutritional programmes in detail.

SHORT ESSAYS (Answer any Five)

5 x 5 = 25 Marks

3. Protein energy malnutrition
4. Functions, sources and classification of lipids
5. Diet in Pregnancy
6. Weaning
7. Food hygiene
8. Principles and methods of cooking

SHORT ANSWERS

5 x 2 = 10 Marks

9. BMR
10. Adulteration
11. CFTRI
12. Sources of Iron
13. Nutrition education
